

Gorham Fitness Studio (GFS)

Class Enrollment Rules, Regulations and Options

Class Enrollment/Tuition

- All clients must complete an enrollment form by start date of class, regardless of previous enrollment with GFS.
- Please indicate what class(s) and times you desire to reserve your place. Flexibility is available when space is available.
- Tuition price is based on number of classes/week, child or adult, family or single and current GFS prices.
- All enrolled clients are encouraged to wear comfortable and appropriate shoes and clothing. All clients are encouraged to bring a water bottle. Bottled water is available.

Automatic Payment Plan

- This monthly charge will be made to your Visa, Mastercard, or Discover Card and American Express on the date and Rate agreed upon.
- Current rates and programs are listed on www.gorhamfitnessstudio.com and on the latest GFS newsletter.
- A one time Enrollment fee of \$25 will be charged with the first monthly payment.
- Client may cancel, or change plan at any time with no charge.

Pre-Payment Plan

- Clients may choose to pay by the session at our Regular Class Prices;
\$8.50/Class(Adult)
\$5/Class(Child)
- This payment must be paid in full at time of enrollment. GFS accepts; Cash, Check and or Visa, Mastercard and Discover Card.
- All checks must be made out to Gorham Fitness Studio.

Drop in Fee

- If you choose to drop in on a class you are not enrolled for and you do not have the Unlimited package, the following fees apply;
\$10/class(adult)
\$7/Class(Child)

Unlimited Classes

- Client can attend as many classes as they wish.
- We do ask that client's indicate on enrollment form, what classes and times you will most likely attend
- We do ask for a phone call or email to insure that there is space in desired class for drop-ins.

Family Unlimited

- Applies to Husband, Wife, and all children in household. Family Unlimited clients may attend as many classes as desired, please phone or email ahead to insure space.
- Each family member must complete a registration form before the start of class. All other Unlimited Class rules apply (see above).

Children

- Children Tuition apply to children 10 and under.
- All other children are priced as adults.
- All children must have an enrollment form completed and signed by parent/guardian.
- Parent/Guardians are asked to stay in designated waiting area or in class during children's classes in case of disruption/emergency.

Assessment

- We encourage each client to schedule a free fitness assessment with a GFS Trainer.
- Every GFS client is offered one Free Fitness Assessment/Personal Training Session.
- The Fitness assessment is intended for GFS to collect health/fitness/nutrition information, asses current fitness level, measurements(optional), and for GFS to know each client on a personal level.

GFS Winter Clothing Policy

- GFS has adapted a winter clothing policy to insure the cleanliness of our facility.
- Please bring indoor clothing and shoes.
- Changing room is available.

Class Schedule Changes

- All schedules are subject to change.
- All clients affected will be notified and compensated accordingly.

Website

- Visit our Website at www.gorhamfitnessstudio.com for latest class schedules, pricing, Personal Training Packages, nutrition information, and community events.

Closings and Cancellation Policy

- Gorham Fitness Studio will be closed for all federal holidays.
- If inclement weather shall arise, and there is need to cancel, there will be a posting on the following networks; (Website and Television) WCSH, WMTW, and WGME.
- If for reasons other than weather cause a closing or cancellation we will email and call all clients who are enrolled in classes that day.
- Please make sure email and phone listed on enrollment form are current.

Class Attendance

- If client misses a scheduled class they may not be made up at a later date unless previously discussed and agreed upon with Gorham Fitness Studio.
- Classes that are canceled by GFS will be rescheduled on a case to case basis.
- If client will not be attending their enrolled class GFS does ask that you call ahead.

GFS Mission Statement

The Gorham Fitness Studio is on a mission and is dedicated to serving families of all ages with the latest in proper fitness, health and nutrition information, and programs. We take pride in our relationships with clients, and our community. We aim to know each client on a personal level and teach them to live a healthier lifestyle, whether they are personal training or enrolled in class. Each client is important to us and a part of the Gorham Fitness Studio Family.